

Neighbourhood Bulletin

Bolton Carers Support

Gentle Yoga & Relaxation for Carers

A Journey to Inner Peace & Personal Renewal

Take time for yourself in a calm and supportive environment. This gentle session is designed especially for carers, offering relaxation, renewal, and a chance to reconnect with your wellbeing

Friday 15th & 22nd May
 Friday 19th & 26th June
 Friday 17th & 24th July
 Friday 14th & 21st August

10:30 to 12:00pm
 at the Smithills Hall, Smithills Dean Road, Bolton, BL1 7NP

Please wear comfortable and warm clothes, a mat, cushion and blanket for extra comfort. Carers and those they care for are warmly invited to join us for refreshments and a friendly chat from 11.30am to 12:00pm at Smithills Hall

Please contact our helpline on 01204 363056 - Monday to Thursday 10:00am to 4:00pm or email - info@boltoncarers.org.uk

Who Cares?

You're an unpaid carer, but who cares about you? We want to hear about the people, businesses, health care settings, or anywhere else that **you** felt recognised and understood as a carer. Does your hairdresser go over and above to make **you** feel special, did your dentist ask how **you** are whilst you waited for the person you care for to have their check-up? We want to celebrate those places and people that make your life, as a carer, just that little bit easier. It can be practicalities, acknowledging you as an individual or anything you feel makes them stand out as 'carer friendly'.

Awards will be presented under the following categories (dependent on nominations):
Place - Employer; Health Provider; Small Business
Person - Store Assistant; Business Owner; Health Professional; Colleague
 Judging will be carried out by an independent panel including representatives from The Bolton News & Bolton CVS.

Presentations will take place during our Carers Week event on Wednesday 10th June at the Thicketford Centre

Registered Charity: 1082166. Company Limited by Guarantee: 3026369

Carers Week

MONDAY 8TH JUNE	10.30-11.30	Relaxation session at Thicketford Centre
	11.30-12.30	Hand Massage at Thicketford Centre
TUESDAY 9TH JUNE	10.00-12.00	Book Club at Thicketford Centre
	10.00-12.00	Information Stand at Bolton Hospital Main Corridor
	12.30-2.30	The Roads That Brought Us Here - Reminiscing Session at Thicketford Centre
WEDNESDAY 10TH JUNE	11.00-3.00	Information Day and Who Cares? Awards Celebration at Thicketford Centre
THURSDAY 11TH JUNE	11.00-12.30	Singing for Wellbeing at Thicketford Centre
	1.00-2.30	Coconut Bird Feeder Wellbeing Workshop at Thicketford Centre
FRIDAY 12TH JUNE	10.00-12.00	Information Stand at Bolton Hospital Main Corridor

Celebrate Carers Week with us!
 For further information and to book your place
 Please call 01204 363056 or Email: info@boltoncarers.org.uk

Carers Week

INFORMATION DAY & WHO CARES? AWARDS CELEBRATION

Wednesday 10th June
 11-3pm
 Thicketford Centre,
 Thicketford Rd BL2 2LW

Please join us as we celebrate Carers Week at our Information Day and Who Cares? Awards Celebration.

Browse stalls from local organisations, enjoy refreshments and help us recognise the individuals, businesses and organisations who have gone above and beyond to support carers across Bolton.

11:00am to 3pm - Browse stalls from local organisations
 12:30pm to 1:00pm - Drinks & nibbles
 1:00pm onwards - Who Cares? Awards Celebration

For further information and to book your place
 Please call 01204 363056 or Email: info@boltoncarers.org.uk

Group Walk



May 2026

WALK, PRAY, GIVE FOR EDUCATION




Walk, Pray, Give is back!
Group Walk: Saturday 16th May, 10am
Edgworth, Bolton Approx. 5 miles.

Meet at The Barlow Institute carpark, Bolton Rd, Edgworth, Bolton BL7 0AP, just before 10am, for a countryside and woodland walk.

Refreshments are available at the café on site and there will be an opportunity to pray together after the walk.

Visit www.internationalaidtrust.org.uk for more information, prayer cards and sponsorship forms.

Email office@internationalaidtrust.org.uk telephone 01772 81000
 Charity Registration No. 1086597

Bromley Cross Community Alliance



Bromley Cross & Egerton Community Network

Get Together Event

Join us for a cuppa, pasty, and conversation!

This new group aims to create a strong partnership between local groups, residents, and organisations—working side by side to support shared goals, strengthen connections, and make a positive impact where we live, play, and work.

Meeting at
Walmsley Parish Community Hall BL7 9SA
Monday 18th May, 6:00pm - 7:30pm

RSVP to confirm your place to
corinna.cowley@bolton.gov.uk or tel 07584 491097

Everyone's welcome!

Pop in, have a chat, and be part of growing connections and building on the good work already happening in our community.

Singing for the Brain Session



SINGING FOR THE BRAIN

Music and Magic for People living with dementia or anyone worried about their memory

70's and 80s Bollywood



WEDNESDAY 20TH MAY FROM 11.30-1PM

Emmanuel Church Centre
 Vicarage Street
 Bolton BL3 5LE

To register please contact Maggie on 07703715449

Alzheimer's Society

Bolton Lads and Girls Club Community Day



Wednesday 27 May FREE! all welcome

blgc

FREE COMMUNITY day

WORKSHOPS
 ARTS & CRAFTS
 MARKET HALL
 SPORTS
 COMPETITIONS
 INTERNATIONAL CUISINE
 FUN
 GAMES
 FACE PAINTING
 ROCK CLIMBING

Time 11am TIL 3pm

Infinity
 18 Spa Rd
 Bolton BL1 4AG

Call us
on 01204 540100 to find out more!
Those aged 13 and under will need to be accompanied by an adult

Comedy and Music Fundraiser

Rotary Club of Bolton with Le Moors

AN EVENING OF COMEDY & MUSIC

Featuring **DR KEVIN JONES**
Musical Duo Rob & Dan (Radio Edit)

FRIDAY 12 JUNE 2026 • 19:30
Brightmet Golf Club

Ticket £20

Fundraising For: 50% Bury Hospice • 50% Bolton Local Charities

Tickets & Enquiries: bwlmrotary@outlook.com

BURY HOSPICE RRG BOLTON

Youth Scrutiny Open Event

Be One
HOMES

YOUTH SCRUTINY OPEN EVENT

Are you aged 18-28 and a Be One Homes tenant?
Join us to find out more about the Be One Homes Youth Scrutiny Panel.

Monday 18 May 2026
3-5 PM

Bolton UCAN Centre - The Market Place, BL1 2AL
Free food and drink

Maryam Patel 07824 541345
Kirsty Peake 07789 031573

Arts and Crafts Sessions: Bolton Central Library Community Fun Day- St Pauls, Halliwell

ARTS & CRAFTS GROUP

at Bolton Central Library

Wednesdays 12 - 2:30pm

Women only
Tel: 01204 332853

Bolton Library and Museum Services Bolton's Fund COMMUNITY FUND Precious Gems

COMMUNITY FUN DAY
SATURDAY 16 MAY 2026
10AM-2PM

Local Makers, Food, Childrens activities, Tombola, Free Entry

St. Paul's Community Centre, Halliwell Road, Bolton, BL1 8BP
community@hopes4halliwell.co.uk

Digital Health Hubs guide
For support with the NHS app and wider digital health apps and resources.

For more info, please visit:
[digital-health-hubs-guide-feb-2026](#)

Visit your local **Digital Health Hub** in Bolton

See inside for support and services available at your local Digital Health Hub

255 Also Bolton Council



Pathway to Wellbeing

Where Wellness Blooms

A 4 week wellbeing programme supporting physical, mental and social health

Tuesdays 2pm-4pm

Your session dates:

Week	Session title	What you'll be doing
1	Introduction to woodworking	Craft an indoor planter, which you get to take home
2	Aromatherapy for modern stress	Learn about essential oils for modern day stress. Create a blend from both masculine and feminine oils to take home and use in a variety of ways.
3	Busy Bees Gardening	Learn the process of growing herbs and vegetables in planters, and take home your own plant
4	Art for wellness	Create mindfulness art, which benefits your mental health and wellbeing

Please only arrive 15 minutes before the session starts

For any questions contact

Contact Laura on Tel: 07793279219

Or Geoff 07444479620

email: beechcroftvillage@gmail.com

Facebook: BeechcroftVillage

Where to find us

Beechcroft Grove, Darcy Lever
Bolton, BL2 6EZ

SAMIS Men in sheds and Busy Bee Gardeners run Monday, Tuesday, Thursday, Friday 10am-3pm and are free drop in sessions if you'd like to attend more.

Time out Tuesdays (Ladies only social nights) the first 3 Tuesdays of each month

Quiz night (All welcome) 4th Tuesday every month

You can self refer or receive a referral from your GP or Healthcare provide



Scan this QR code for Beechcroft Village social media

Half-term at Bolton Museum

Bolton
Library and
Museum Services

MINI MAKERS

May Half Term at Bolton Museum.
Saturday 23 - Sunday 31 May

FREE ACTIVITIES

10:30am-12pm and then 1pm-3:30pm

Saturday 23 May
Flag making to celebrate Bolton Pride

Tuesday 26 - Friday 29 May
Mini Makers Story Party
Get creative at our themed Story Parties during the week. Take part in fun activities and help us grow a HUGE masterpiece in our gallery!

Saturday 30 May
Make A Magnificent Puppet

Footy Fairytales
Elizabeth Park
11am and 2pm
Get in the World Cup fever with this theatre show where football and fairytales collide!
Thurs 28 May
Free, no need to book!

Fish Feeds
Tues, Thurs and Sat @ 1pm

Storytime!
3pm Mon-Fri
2pm Sat
Junior Library

Powering Opportunity: Refurbished Laptops

Bolton organisations are being invited to apply for refurbished laptops available through the Bolton Digital Employment and Skills Team. The devices have been professionally wiped, and upgraded, as part of the team's ongoing mission to remove digital barriers and ensure everyone has the tools they need to learn, work and stay connected. Over 100 laptops are available thanks to a partnership between Bolton Council, Recycle-IT! Bolton and the council's technology team, who have diverted the devices from corporate programmes and prepared them for reuse in the community. By gifting these laptops to residents who may otherwise struggle to afford one, the team are helping more people access online services, apply for jobs, complete training and manage day-to-day digital tasks with confidence. Organisations supporting Bolton residents who are in receipt of income-related benefits can express their interest in receiving laptops to support people they work with. To express an interest, organisations are to email the Digital Employment and Skills Team at DES@bolton.gov.uk with a brief note about how owning a device would help people you support. The team will then get in touch with next steps. There is limited-availability, and devices will be allocated on a first-come, first-served basis to those who meet the criteria.

THANK YOU!